

GROUP EXERCISE ROTATION SCHEDULE FEBRUARY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 5:30pm TRX Cardio Regina	2 5:30am TRX Body Gary 5:30am TOS TEAM rotation	3 8:30am TOS TEAM rotation 4:00pm TOS Rotation 6:00pm TRX Body Gary	4 8:00am TOS Claire 9:45am Zumba Dee
5 10:00am TOS TEAM rotation 11:00am ZUMBA Julie	6	7 5:30am TRX Body Pat M.	8 5:30pm TRX Cardio Kristin	9 5:30am TRX Body Tricia 5:30am TOS To Be Announced	10 8:30am TOS TEAM rotation 4:00pm TOS Rotation 6:00pm TRX Body Christine L.	11 8:00am Dance Step Claire 9:45am Zumba Lori
12 10:00am TOS Instructor To Be Announced 11:00am Zumba Lori	13	14 5:30am TRX Body Renee	15 5:30pm TRX Cardio Christine L.	16 5:30am TRX Body Gary 5:30am TOS To Be Announced	17 8:30am TOS TEAM rotation 4:00pm TOS Rotation 6:00pm TRX Body Kristin	18 8:00am TOS Claire 9:45am Zumba Julie
19 10:00am TOS Instructor To Be Announced 11:00am Zumba Sarah	20	21 5:30am TRX Body Pat M.	22 5:30pm TRX Cardio Sheryl	23 5:30am TRX Body Tricia 5:30am TOS To Be Announced	24 8:30am TOS TEAM rotation 4:00pm TOS Rotation 6:00pm TRX Body Lori	25 8:00am Dance Step Claire 9:45am Zumba Sarah
26 10:00am TOS Instructor To Be Announced 11:00am Zumba Dee	27	28 5:30am TRX Body Renee	29 5:30am TRX Cardio Marci			