

WINTER 2012 RECREATIONAL SWIM TEAM

**COME...
JOIN US**



**SIGN UP NOW!
REGISTRATION
IS
LIMITED.
10 -24**

**MEMBERS \$112
NONMEMBERS \$144**

**WHERE: TOMS RIVER FITNESS AND AQUATIC
CENTER COED POOL**
WHEN: THURSDAY EVENINGS WITH COACH NORM
TIME: 5:30 - 7:00PM
DATES: JANUARY 12 THRU MARCH 1, 2012
**PRE-REQUISITE: MUST BE ABLE TO SWIM 25 YARDS
OF FREESTYLE WITH RHYTHMIC BREATHING.**